**Author's Bio Statement**

**Institution**: Surendranath College, University of Calcutta

**Course enrolled**: BSc Psychology (honors)

**(Anticipated) graduation date**: July 2015

**Research experiences**:

On Obsession (under communication),

On Depression and stress (under communication),

On Anxiety (under communication)

Under the guidance of Dr. Partha Malakar, research guide at Indira Gandhi National Open University (IGNOU) and class 1 gazette officer working as Clinical Psychologist at Department of Health & family welfare, Government of West Bengal.

**Academic honors/ Rank received-**

Surendranath College Psychology batch topper 2014

Surendranath College Psychology batch topper 2013

Future Campus School Academic achiever of the year 2012

Future Campus School Academic achiever of the year 2011

**Future plans:** clinical practice and research on clinical problems/ interventions.

Q/A:

**How did you get involved in research?**

Every one of us gets involved in research, intentionally or unintentionally and it basically begins with birth or perhaps even before that. When the infant or the child explores self and the environment, forming hypothesis and testing it, and coming to conclusions. Like every normal human being I proceeded likewise. Academic research sincerely caught my admiration when I was 15 years old, but due to lack of opportunities to get engaged in research work in my environment I could enter the field only when I was in final year of my undergrad course under the encouragement of Dr. Malakar under personal considerations. Since my environment which does not support research work at undergrad level, I had to go out of the track from the system for quenching my thirst for conducting research.

**What led you to this topic?**

Since the very beginning I had been interested in the nature and working of our unconscious mind, As Freud described, ‘*dreams are the* royal road to the unconscious’ investigating the subject matter of dream caught my attention.

**What has the process of working on this research/paper been like for you?**

The process of working on this paper has been like one of the first stepping stones towards making myself able enough to be able to serve mind kind for its good.

**What advice would you offer to other undergraduates interested in conducting research and publishing their work?**

In conducting research, one of the most important things I have realised it perseverance and patience. Doing research, claims the investment of your resources like time, energy, money, and the like. So, systematic and logical planning of the project in hand beforehand is essential to channelize the investments in proper and efficient way such that you can give your best in it.