Hybrid Flexible (HyFlex) Instruction: What, How, Why, and When to Use?
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**METHODOLOGY**

- **Empirical study across seven factors, with 84.83% consent rate.**
  - HyFlex acceptance and usage, Student Engagement, Self-Directed Learning, Academic Stress, Covid-19 Related Stress, Student Satisfaction, Course Performance
  - Previously validated instruments, slightly modified for HyFlex
  - Survey administered during the last 2 weeks of the semester

**KEY FINDINGS**

- **HyFlex instructional design is NOT suitable for all students.**
- Flexibility to choose the learning modality is preferred by most students, followed by asynchronous learning.
- Students were overall satisfied with the HyFlex instruction.
- Pandemic-related stress impacted students’ motivation to learn by increasing their desire to learn.
- Students can thrive in a HyFlex instructional design setting with careful monitoring
- Instructors need to:
  - Set expectations
  - Be consistent with course design
  - Give continuous feedback (performance, SDL)

**KEY TAKEAWAYS**

- Is HyFlex instructional design easy to implement? **Yes!**
- Is HyFlex instructional design suitable for all students? **No!**
- Did pandemic-related stress impact students’ motivation to learn? **It increased their desire to learn!**
- Can students thrive in a HyFlex instructional design setting? **Yes, with careful monitoring!**
- How can instructors facilitate students in a HyFlex instructional design setting? **Set expectations, consistent course design, continuous feedback**

**SURVEY**

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